

CHRISTINA A. ROBERTO, PH.D.
Curriculum Vitae

CONTACT INFORMATION

Address: University of Pennsylvania
Perelman School of Medicine
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EDUCATION

PhD Yale University, Clinical Psychology, 2012
Joint-PhD Yale University, Chronic Disease Epidemiology, 2012

Clinical Internship Yale University School of Medicine, Department of Psychiatry, 2012

A.B. Princeton University, Psychology, Magna Cum Laude, 2004

PROFESSIONAL APPOINTMENTS

2015- Assistant Professor of Medical Ethics and Health Policy, Department of Medical Ethics and Health Policy
Perelman School of Medicine, University of Pennsylvania
Secondary appointment, Annenberg School of Communication, University of Pennsylvania

2015- Adjunct Assistant Professor, Department of Social & Behavioral Sciences
Harvard T.H. Chan School of Public Health

2013-2015 Assistant Professor, Departments of Social & Behavioral Sciences and Nutrition
Harvard T.H. Chan School of Public Health

2014-2015 Co-Director, Strategic Training Initiative for the Prevention of Eating Disorders
Harvard T.H. Chan School of Public Health

2012-2014 Robert Wood Johnson Foundation Health & Society Scholar
Harvard T.H. Chan School of Public Health

2012-2013 Visiting Lab Associate
Rudd Center for Food Policy & Obesity, Yale University

PROFESSIONAL AFFILIATIONS

2015- Senior Fellow, Center for Health Incentives and Behavioral Economics at the Leonard Davis Institute, University of Pennsylvania

2015- Senior Fellow, Leonard Davis Institute of Health Economics, University of Pennsylvania

- 2015 – Senior Fellow, Center for Public Health Initiatives, University of Pennsylvania
- 2016- Affiliate, Penn Wharton Public Policy Initiative

HONORS & AWARDS

- 2017 Public Health Impact Prize, Center for Public Health Initiatives, University of Pennsylvania
- 2012 James B. Grossman Dissertation Prize, Yale University
Awarded annually to “the author of an outstanding doctoral dissertation in psychology”
- 2011 Graduate Student Assembly Conference Travel Fund Award, Yale University
- 2010 Public Service Award as a Public Scholar, Yale University
Awarded in recognition of “outstanding dedication to research that engages and betters the world at large”
- 2010 William Kessen Teaching Award, Yale University
Awarded annually to “the psychology graduate student who best exemplifies a deep commitment to teaching and outstanding mentorship and who has inspired others”
- 2008 Eating Disorders: Classification & Diagnosis Conference Travel Fellowship
Supported by R13 NIH Grant
- 2007 Academy for Eating Disorders NIMH Student/Early Career Investigator
Travel Fellow Award

GRANT FUNDING

- 2017 Leonard Davis Institute of Health Economics Policy Accelerator Award
Principal Investigator, \$5,000
- 2016 Bloomberg Philanthropies, “Evaluating the Philadelphia beverage tax.”
Principal Investigator, \$2,650,000
- 2016 NIH National Institute on Aging P30 Penn CMU Roybal Center on Behavioral Economics and Health Pilot Grant, “Communicating the health risks of sugar-sweetened beverages.”
Principal Investigator, \$21,000
- 2015 RWJF Healthy Eating Research, “Increasing the impact of menu labeling.”
Principal Investigator, \$182,064
- 2015 National Institutes of Health Early Independence Award, “Impact of racially targeted food and beverage advertisements on adolescent behavior.”
Co-investigator (PI: M. Bragg), \$2,076,375

- 2015 Wellcome Trust, "Linking health and environmental outcomes to dietary behaviours in the United States."
Co-investigator (PI: D. Rose), \$624,997
- 2015 NIH National Institute on Aging P30 Penn CMU Roybal Center on Behavioral Economics and Health – Research Supplements to Promote Diversity in Health-Related Research Program
Co-Principal Investigator (w/ K. Volpp), \$247,564
- 2015 The Society for the Psychological Study of Social Issues, "Assessing the influence of nutrition facts labels on consumer decision making and consumer understanding."
Co-investigator, (PI: N. Khandpur (student advisee)), \$2,500
- 2014 RWJF Healthy Eating Research Commissioned Project, "The influence of health warning labels on sugar-sweetened beverages."
Principal Investigator, \$35,000
- 2014 Produce for Better Health Foundation, "Manipulating the sensory variety of fruits and vegetables to increase their intake."
Co-Investigator, (PI: M. Vadiveloo), \$15,000
- 2014 Harvard Foundations of Human Behavior Initiative, "Evaluating a portion cap policy on sugar-sweetened beverages."
Principal Investigator, \$40,000
- 2014 The Obesity Society Early Career Investigator Award, "Evaluating a portion cap policy on sugar-sweetened beverages."
Principal Investigator, \$25,000
- 2014 Private Funding, "A qualitative study of healthy food incentives and food budget management in low-income populations."
Principal Investigator, \$5,000
- 2013 RWJF Seed Grant, "Impact of serving reduced sugar-sweetened beverage portions on calories purchased & consumer perceptions."
Principal Investigator, \$27,500
- 2013 RWJF Healthy Eating Research Grant, "Does calorie labeling of fast-food menus influence school-age children and adolescents?"
Significant Other Contributor (PI: J. Block), \$170,000
- 2013 Harvard Center for Population and Development Studies, Exploratory Workshop, "Applying Social Science Insights to Improve Public Health," \$10,000
- 2012 RWJF Seed Grant, "Marketing the 'health' of unhealthy foods: Identifying and addressing misleading food and weight loss advertising practices."
Principal Investigator, \$32,600
- 2012 RWJF Healthy Eating Research Commissioned Paper, "The public health and legal case

- for limiting sugar-sweetened beverage portion sizes.”
Principal Investigator, \$5,000
- 2010-11 Ruth L. Kirschstein National Research Service Award to Promote Diversity in Health-Related Research (NIDDK)
Principal Investigator, \$25,380
- 2011 RWJF Healthy Eating Research Commissioned Paper, “Facts Up Front versus traffic light food labels. A randomized controlled trial.”
Co-Investigator, \$5,000

JOURNAL PUBLICATIONS

*denotes student advisee author

1. John, L.K, Donnelly G.E., **Roberto, CA.** (in press). Psychologically-informed implementations of a sugary drink portion limit. Psychological Science.
2. **Roberto, C.A.,** & Brownell, K.D. (e-pub ahead of print 2017). Strategic science for eating disorders research and policy impact. International Journal of Eating Disorders.
3. Haynos, A.F. & **Roberto, C.A.** (e-pub ahead of print 2017). The effect of restaurant menu calorie labeling on meal choices of individuals with disordered eating. International Journal of Eating Disorders.
4. Moran, A.J., Block, J., Goshev, S., Bleich, S.N. & **Roberto, C.A.** (2017). Trends in nutrient content of foods and beverages on children’s menus in large U.S. restaurant chains. American Journal of Preventive Medicine, 52, 284-291.
5. Ogle, A.D., Graham, D.J., Lucas-Thompson, R.G., & **Roberto, C.A.** (2017). Impact of cartoon characters on children’s attention to and preference for more- and less-healthy foods. Journal of the Academy of Nutrition and Dietetics, 117, 265-270.
6. *Kulkarni, A., *Huerto, R., **Roberto, C.A.,** & Austin, S.B. (e-pub ahead of print 2016). Leveraging corporate social responsibility to improve consumer safety of dietary supplements sold for weight loss and muscle building. Translational Behavioral Medicine.
7. Lydecker, J.A., Galbraith, K., Ivezaj, V., White M.A., Barnes, R.D., Roberto, C.A., & Grilo, C.M. (2016). Words will never hurt me? Preferred terms for describing obesity and binge eating. International Journal of Clinical Practice, 70, 682-90.
8. Caspi, C.E., Tucker-Seeley, R.D., Adamkiewicz, G., **Roberto, C.A.,** Yang, M., Stoddard, A.M., & Sorensen, G.C. (2016). Food hardship and obesity among residents of low-income housing. Journal of Immigrant and Minority Health. doi:10.1007/s10903-016-0344-z.
9. VanEpps E.M., **Roberto, C.A.** (2016). The influence of sugar-sweetened beverage health warning labels on adolescents’ choices and knowledge. American Journal of Preventive Medicine, 51, 664-672.
10. **Roberto, C.A.,** Galbraith, K., Lydecker, J.A., Ivezaj, V., Barnes, R.D., White M.A., & Grilo, C.M. (2016). Preferred descriptions for loss of control while eating and weight among patients with binge eating disorder. Psychiatry Research, 246, 548-553.

11. *Moran, A., *Musicus, A., *Soo, J., Gearhardt, A.N., Gollust, S.E., **Roberto, C.A.** (2016). Believing certain foods are addictive is associated with support for obesity-related public policies. Preventive Medicine, 90, 39-46.
12. Graham, D. & **Roberto, C.A.** (2016). Evaluating the impact of Food and Drug-Administration-proposed nutrition facts label changes on young adults' visual attention and purchase intentions. Health Education and Behavior, 43, 389-98.
13. *Franckle, R.L., Block, J.P., & **Roberto, C.A.** (2016). Calorie underestimation when buying high-calorie beverages in fast-food contexts. American Journal of Public Health, 106, 1254-55.
14. [§]VanEpps E.M., [§]**Roberto, C.A.**, Park, S., Economos, C.D., & Bleich S.N. (2016). Restaurant menu labeling policy: Review of evidence and controversies. Current Obesity Reports. 5, 72-80.
[§]authors contributed equally
15. **Roberto, C.A.**, *Wong, D., *Musicus, A., Hammond, D. (2016). The influence of sugar-sweetened beverage health warning labels on parents' choices. Pediatrics, 137, 1-10.
16. *Soo, J., Letona, P., Chacon, V., Barnoya, J., & **Roberto, C.A.** (2016). Nutritional quality and child-oriented marketing of breakfast cereals in Guatemala. International Journal of Obesity, 40, 39-44.
17. **Roberto, C.A.**, & Pomeranz, J.L. (2015). Public health and legal arguments in favor of a policy to cap the portion sizes of sugar-sweetened beverages. American Journal of Public Health, 105, 2183-90.
18. *Gorski, M.T., & **Roberto, C.A.** (2015). Public health policies to encourage healthy eating habits: recent perspectives. Journal of Healthcare Leadership, 7, 81-90.
19. Borovoy, A., **Roberto, C.A.** (2015). The role of paternalism in preventing population weight gain: A comparison of Japanese and United States public health approaches. Social Science & Medicine, 143, 62-70.
20. **Roberto, C.A.**, Swinburn, B., Hawkes, C., Huang, T. T.-K., Costa, S.A., Ashe, M., Zwicker, L., Cawley, J.H., & Brownell, K.D. (2015). Patchy progress on obesity prevention: Emerging exemplars, entrenched barriers, and new thinking. The Lancet, 385, 2400-9.
21. Brownell, K.D. & **Roberto, C.A.** (2015). Strategic science with policy impact. The Lancet, 385, 2445-6.
22. Haynos, A.F., **Roberto, C.A.**, & Attia, E. (2015). Examining the associations between emotion regulation difficulties, anxiety, and eating disorder severity among inpatients with anorexia nervosa. Comprehensive Psychiatry, 60, 93-8.
23. Thomas J.J., **Roberto, C.A.**, & Berg, K.C. (2014). Classics Revisited: The Eating Disorder Examination: A semi-structured interview for the assessment of the specific psychopathology of eating disorders. Advances in Eating Disorders, 2, 190-203.
24. Pomeranz, J.L., **Roberto, C.A.** (2014). The impact of 'food addiction' on food policy. Current Addiction Reports, 1, 102-108.

25. Letona, P., Chacon, V., **Roberto, C.A.**, & Barnoya, J. (2014). Effects of licensed characters on children's taste and snack preferences in Guatemala, a low/middle income country. International Journal of Obesity, 38, 1466-9.
26. **Roberto, C.A.**, Pomeranz, J.L., & Fisher, J.O. (2014). The need for public policy to promote healthier food consumption: Commentary on Wansink and Chandon, 2014. Journal of Consumer Psychology, 24, 438-445.
27. Haynos A.F., **Roberto, C.A.**, *Martinez, M.A., Attia, E., & Fruzzetti, A.E. (2014). Emotion regulation difficulties in anorexia nervosa before and after inpatient weight restoration. International Journal of Eating Disorders, 47, 888-91.
28. **Roberto, C.A.** & Kawachi, I. (2014). Using psychology and behavioral economics to promote healthy eating. American Journal of Preventive Medicine, 47, 832-7.
29. Letona, P., Chacon, V., **Roberto, C.A.**, & Barnoya, J. (2014). A qualitative study of children's snack food packaging perceptions and preferences. BMC: Public Health, 14, 1274-79.
30. Block, J.P., & **Roberto, C.A.** (2014). Potential benefits of calorie labeling on menus. Journal of the American Medical Association, 312, 887-8.
31. **Roberto, C.A.** (2014). Counter-advertising to combat unhealthy food marketing will not be enough. Commentary on Dixon et al. Social Science & Medicine, 116, 220-2.
32. *Khandpur, N., [§]**Roberto, C.A.**, (2014). Improving the design of nutrition labels to promote healthier food choices and reasonable portion sizes. International Journal of Obesity, 38, S25-S33.
[§]authors contributed equally
33. Liu P.J., Wisdom, J., **Roberto, C.A.**, Liu, L.J., & Ubel, P.A. (2014). Using behavioral economics to design more effective food policies to address obesity. Applied Economic Perspectives and Management, 36, 6-24.
34. [§]Blomquist, K.K., [§]**Roberto, C.A.**, Barnes, R., White, M.A., Masheb, R.M., & Grilo C.M. (2014). Development and validation of the Eating Loss of Control Scale. Psychological Assessment, 26, 77-89.
[§]authors contributed equally
35. **Roberto, C.A.**, Haynos, A.F., Schwartz, M.B., Brownell, K.D., & White, M.A. (2013). Calorie estimation accuracy and menu labeling perceptions among individuals with and without binge eating and/or purging disorders. Eating and Weight Disorders, 18, 255-61.
36. Schvey, N.A., **Roberto, C.A.**, & White, M.A. (2013). Clinical correlates of the Weight Bias Internalization Scale in overweight adults with and without eating disorders. Advances in Eating Disorders, 1, 213-223.
37. Gearhardt, A., **Roberto, C.A.**, *Seamans, M.J., Corbin, W.R., & Brownell, K.D. (2013). Preliminary validation of the Yale Food Addiction Scale for Children. Eating Behaviors, 14, 508-12.
38. Masheb R.M., **Roberto, C.A.**, & White, M.A. (2013). Nibbling and picking in obese patients with binge eating disorder. Eating Behaviors, 14, 424-7.

39. Bragg, M.A., Yanamadala, S., **Roberto, C.A.**, Harris, J.L., & Brownell, K.D. (2013). Athlete endorsements in food marketing. *Pediatrics*, 132, 805-10.
40. Hilt L., **Roberto, C.A.**, & Nolen-Hoeksema, S. (2013). Rumination mediates the relationship between peer alienation and eating pathology in young adolescent girls. *Eating & Weight Disorders*, 18, 263-7.
41. *Martinez O.D., **Roberto, C.A.**, *Kim, J.H., Schwartz, M.B., & Brownell, K.D. (2013). A survey of undergraduate student perceptions and use of nutrition information labels in a university dining hall. *Health Education Journal*, 72, 319-325.
42. Bragg, M.A., *Liu, P.J., **Roberto, C.A.**, Sarda, V., Harris, J.L., & Brownell, K.D. (2013). The use of sports references in marketing food and beverage products in supermarkets. *Public Health Nutrition*, 16, 738-42.
43. *Hawley K., **Roberto, C.A.**, Bragg, M.A., *Liu, P., Schwartz, M.B., & Brownell, K.D. (2013). The science on front-of-package food labels. *Public Health Nutrition*, 16, 430-9.
44. **Roberto, C.A.**, Bragg, M.A., *Seamans, M.J., *Mechulan, R.L., Novak, N., & Brownell, K.D. (2012). Evaluation of consumer understanding of different front-of-package nutrition labels, 2010-2011. *Preventing Chronic Disease*, 9, 149-161.
45. **Roberto, C.A.**, Bragg, M.A., Schwartz, M.B., *Seamans, M.J., *Musicus, A., Novak, N., & Brownell, K.D. (2012). Facts Up Front versus traffic light food labels. A randomized controlled trial. *American Journal of Preventive Medicine*, 43, 134-141.
46. **Roberto, C.A.**, *Shivaram, M., *Martinez, O., *Boles, C., Harris, J.L., & Brownell, K.D. (2012). The Smart Choices front-of-package nutrition label: Influence on perceptions and intake of cereal. *Appetite*, 58,651-7.
47. **Roberto, C.A.**, Sysko, R., Bush, J., Pearl, R., Puhl, R.M., Schvey, N.A., & Dovidio, J.F. (2012). Clinical correlates of the Weight Bias Internalization Scale in a sample of obese adolescents seeking bariatric surgery. *Obesity*, 20, 533-9.
48. **Roberto, C.A.**, Bragg, M.A., *Livingston, K.A., Harris, J.L., *Thompson, J.M., *Seamans, M.J., & Brownell K.D. (2012). Choosing front-of-package food labeling nutrition criteria: How smart were “Smart Choices”? *Public Health Nutrition*, 15, 262-7.
49. *Liu P.J., **Roberto, C.A.**, *Liu L.J., Brownell K.D. (2012). A test of different menu labeling presentations. *Appetite*, 59, 770-777.
50. *Yanamadala, S., Bragg, M.A., **Roberto, C.A.**, & Brownell, K.D. (2012). Food industry front groups and conflicts of interest: The case of “Americans Against Food Taxes.” *Public Health Nutrition*, 15, 1331-32.
51. Gearhardt, A.N., Bragg, M.A., Pearl, R., Schvey, N.A., **Roberto, C.A.**, & Brownell, K.D. (2012). Obesity and Public Policy. *Annual Review of Clinical Psychology*, 8, 405-30.
52. Sysko, R., **Roberto, C.A.**, Barnes, R.D., Grilo, C.M., Attia, E., & Walsh, B.T. (2012). Test-retest reliability of the proposed DSM-5 eating disorder diagnostic criteria. *Psychiatry Research*, 196, 302-8.

53. **Roberto, C.A.**, Mayer, L.E.S., Brickman, A., Barnes, A., Muraskin, J., Yeung, L.K., Steffener, J., Sy, M., Hirsch, J., Stern, Y., & Walsh, B.T. (2011). Brain tissue volume changes following weight gain in adults with anorexia nervosa. International Journal of Eating Disorders, 44, 406-411.
54. Loeb, K.L., Jones, J., **Roberto, C.A.**, Gugga, S., Marcus, S., Attia, E., & Walsh, B.T. (2011). Adolescent-Adult discrepancies on the eating disorder examination: A function of developmental stage or severity of illness? International Journal of Eating Disorders, 44, 567-72.
55. **Roberto, C.A.**, *Baik, J., Harris, J.L., & Brownell, K.D. (2010). The influence of licensed characters on children's taste and snack preferences. Pediatrics, 126, 88-93.
56. **Roberto, C.A.**, *Hoffnagle, E., Bragg, M., & Brownell, K.D. (2010). An observational study of consumer use of fast-food restaurant drive-through lanes: Implications for menu labeling policy. Public Health Nutrition, 18, 1-3.
57. **Roberto, C.A.**, *Larsen, P.D., *Agnew, H., *Baik, J., & Brownell, K.D. (2010). Evaluating the impact of menu labeling on consumers' food choices and intake. American Journal of Public Health, 100, 312-318.
58. **Roberto, C.A.**, Grilo, C.M., Masheb, R.M., & White, M.A. (2010). Binge eating, purging, or both: Eating disorder psychopathology findings from an Internet community survey. International Journal of Eating Disorders, 43, 724-731.
59. Stice, E., Sysko, R., **Roberto, C.A.**, & Allison, S. (2010). Are dietary restraint scales valid measures of dietary restriction? Additional objective behavioral and biological data suggest not. Appetite, 54, 331-339.
60. **Roberto, C.A.**, Schwartz, M., & Brownell, K.D. (2009). A review of the rationale and evidence for menu labeling legislation. American Journal of Preventive Medicine, 37, 546-551.
61. **Roberto, C.A.**, *Agnew, H., & Brownell, K.D. (2009). An observational study of consumers accessing nutrition information in chain restaurants. American Journal of Public Health, 99, 820-821.
62. Attia, E., & **Roberto, C.A.** (2009). Should amenorrhea be a diagnostic criterion for anorexia nervosa? International Journal of Eating Disorders, 42, 581-589.
63. **Roberto, C.A.**, Steinglass, J., Mayer, L., Attia, E., & Walsh, B.T. (2008). The clinical significance of amenorrhea as a diagnostic criterion for anorexia nervosa. International Journal of Eating Disorders, 41, 559-563.
64. Kaplan, A., Walsh, B.T., Olmsted, M., Attia, E., Carter, J., Devlin, M., Pike, K., Woodside, B., Rockert, W., **Roberto, C.A.**, & Parides, M. (2008). The slippery slope: Prediction of successful weight maintenance in anorexia nervosa. Psychological Medicine, 10, 1-9.
65. Thomas, J.J., **Roberto, C.A.**, & Brownell, K.D. (2008). Eighty-five percent of what? Discrepancies in the weight cut-off for anorexia nervosa substantially affect the prevalence of underweight. Psychological Medicine, 8, 1-11.

66. Mayer, L.S., **Roberto, C.A.**, Glasofer, D., Etu, S., Gallagher, D., Wang, J., Heymsfield, S., Pierson, R., Attia, E., Devlin, M.J., & Walsh, B.T. (2007). Percent body fat predicts outcome in anorexia nervosa. American Journal of Psychiatry, 164, 970-972.
67. Meehan, K.G., Loeb, K., **Roberto, C.**, & Attia, E. (2006). Mood change during weight restoration. International Journal of Eating Disorders, 39, 587-589.
68. Walsh, B.T., Kaplan, A.S., Attia, E., Olmsted, M., Parides, M., Carter, J.C., Pike, K.M., Devlin, M.J., Woodside, B., **Roberto, C.A.**, & Rockert, W. (2006). Fluoxetine after weight restoration in anorexia nervosa: a randomized controlled trial. Journal of the American Medical Association, 295, 2605-2612.

BOOK CHAPTERS

*denotes student advisee author

1. **Roberto, C.A.**, Khandpur, N., VanEpps, E.M. (in press). Food labeling and obesity. In K. Brownell and B.T. Walsh (Eds). Eating Disorders and Obesity: a Comprehensive Handbook, 3rd edition. New York, NY: Guilford Press.
2. Thomas, J.J., **Roberto, C.A.**, & Berg, K.C. (2016). Assessment measures, then and now: A look back at seminal measures and a look forward to the brave new world. In B.T. Walsh, R. Sysko, D.R. Glasofer, & E. Attia (Eds). Handbook of Assessment and Treatment of Eating Disorders. Washington, DC: American Psychiatric Publishing, Inc.
3. **Roberto, C.A.**, *Soo, J., & Pomeranz, J.L. (2014). Regulatory strategies for preventing obesity and improving public health. In Timothy Gill (Ed). Managing and Preventing Obesity. United Kingdom: Woodhead Publishing.
4. **Roberto, C.A.**, & Brownell, K.D. (2011). The imperative of changing public policy to address obesity. In John Cawley (Ed). Handbook of Social Science of Obesity. Oxford University Press.
5. **Roberto, C.A.** (2008). Anorexia nervosa. In Yawei Zhang (Ed.), Encyclopedia of Global Health. California: Sage Publications.
6. **Roberto, C.A.** (2008). Eating disorders and athletes. In K Keller and G Golson (Eds.), Encyclopedia of Obesity. California: Sage Publications.
7. Pike, K.M., **Roberto, C.**, Wolk, S.L., Gluck, M., & Walsh, B.T. (2008). Eating disorders measures. In J. Rush, M. First, & D. Blacker (Eds.), Handbook of Psychiatric Measures, Second Edition. Washington, DC: American Psychiatric Publishing, Inc.
8. Pike, K.M., **Roberto, C.**, & Marcus, M. (2007). Evidence-based psychotherapies and innovative treatments for eating disorders. In GO Gabbard (Ed.), Treatment of Psychiatric Disorders, Fourth Edition, Washington, DC: American Psychiatric Publishing, Inc.
9. Pike, K.M., Walsh, B.T., & **Roberto, C.** (2006). Evidence-based psychotherapy for eating disorders. In JE Fisher, W O'Donohue (Eds.), Practitioner's Guide to Evidence-Based Psychotherapy. Norwell, MA: Kluwer Publishing.

POLICY & PRACTICE PUBLICATIONS

1. Bennett, B.J., Hall, K.D., Hu, F.B., McCartney, A.L., & **Roberto, C.A.** (2015). Nutrition and the science of disease prevention: a systems approach to support metabolic health. Annals of the New York Academy of Sciences. 1352, 1-12.
2. Gorski, M., & **Roberto, C.A.** (2015, September). Hungry? Food choices are often influenced by forces out of your control. The Conversation.
3. **Roberto, C.A.**, Bradley, D.E. (2013, September). The power of a food label. Animal Welfare Approved Newsletter.
4. **Roberto, C.A.** (2013, May). Designing a front-of-package nutrition labeling system that works. Asia Pacific Food Industry, 56-58.
5. **Roberto, C.A.** (2010). The case for menu labeling legislation. Food Engineering & Ingredients, 35, 33-34.

MANUSCRIPTS UNDER REVIEW

*denotes student advisee author

69. Richmond, R.L., **Roberto, C.A.**, Gearhardt, A.N. The association of addictive-like eating with food intake in children.
70. Bragg, M.A., **Roberto, C.A.**, Harris, J.L. Marketing food through sports: parallels to the tobacco industry.
71. Bleich, S.N., Economos, C.D., Spiker, M.L., VanEpps, E.M., Block, J.P., Elbel, B., Story, M., **Roberto, C.A.** A systematic review of calorie labeling and modified calorie labeling interventions: Impact on consumer and restaurant behavior.
72. Khandpur N., Graham, D.J., & **Roberto, C.A.** Simplifying mental math. Changing how added sugars are displayed on the Nutrition Facts Label can improve consumer understand.
73. Gianini, L., Roberto, C.A., Attia, E., Walsh, B.T., Thomas, J.J., Eddy, K.T., Grilo, C., Weigel, T., Sysko, R. Mild, moderate, meaningful?: Examining the psychological and functioning correlates of DSM-5 eating disorder severity specifiers.
74. Blomquist, K.K., Pate, S.P., Hock, A.N., Austin, S.B., & **Roberto, C.A.** Evidence-based solutions to prevent eating disorders: Should we place warning labels on fashion advertisements?
75. Soo, J., Harris, J.L., Davison, K.K., Williams, D.R., & **Roberto, C.A.** Changes in the nutritional quality of fast-food items marketed inside restaurants, from 2010 – 2013.
76. Rose, D., Heller, M.C., & Roberto, C.A. Position of the society for nutrition education and behavior: The importance of including sustainability in dietary guidance.

BOOKS

1. **Roberto, C.A.**, & Kawachi, I. (Eds). (2015). Behavioral Economics and Public Health. New York: Oxford University Press.

CONFERENCE PAPER PRESENTATIONS

1. Donnelley, G.E., John, L.K., Roberto, C.A. (2015, Aug). Setting the record straight on sugary drink portion cap policies. Academy of Management Annual Meeting. Vancouver, BC Canada.
2. Block, J.P., Condon, S., Kleinman, K., Rifas-Shiman, S., Mullen, J., Linakis, S., Ramirez, M., **Roberto, C.A.**, & Gillman, M.W. (2015, Nov). Evaluating the effect of posting calories on McDonald's menus: A controlled natural experiment presented at the Obesity Society Annual Meeting. Los Angeles, CA.
3. *Khandpur, N., Graham, D., & **Roberto, C.A.** (Nov, 2015). Simple, salient, and scientific: Strategies for presenting sugar information on the nutrition facts label that promote consumer understanding presented at the American Public Health Association Annual Meeting. Chicago, IL.
4. **Roberto, C.A.**, John, L., Schuldt, J., & Harris, J. (Nov, 2015). Marketing healthier packaged foods presented at the American Public Health Association Annual Meeting. Chicago, IL.
5. *Soo, J., Letona, P., Chacon, V., Barnoya, J., & **Roberto, C.A.** (2015, Nov). Nutritional quality and child-oriented marketing of breakfast cereals in Guatemala presented at the Obesity Society Annual Meeting. Los Angeles, CA.
6. **Roberto, C.A.**, *Wong, D., *Musicus, A., Hammond, D. (2015, Nov). The influence of sugary drink health warning labels on parents' knowledge and choices presented at the Obesity Society Annual Meeting. Los Angeles, CA.
7. Haynos, A., & **Roberto, C.A.** (2015, April). The effects of menu calorie labeling on restaurant ordering among individuals with eating disorders presented at International Conference on Eating Disorders, Boston, MA.
8. **Roberto, C.A.**, Wong, D., Musicus, A., Hammond, D. (2015, February). The influence of sugary drink warning labels presented at the RWJF Healthy Eating Research meeting, Baltimore, MD.
9. **Roberto, C.A.**, Swinburn, B., Hawkes, C., Huang, T. T.-K., Costa, S.A., Ashe, M., Zwicker, L., Cawley, J.H., & Brownell, K.D. (2015, February). Patchy progress on obesity prevention: Emerging exemplars, entrenched barriers, and new thinking presented at the RWJF Healthy Eating Research meeting, Baltimore, MD.
10. **Roberto, C.A.**[§], Blomquist[§], K.K., Barnes, R.D., White, M.A., Masheb, R., Attia, E., & Grilo, C.M. (2014, March). Eating Loss of Control Scale: Validation and clinical correlates in patients with eating disorders. Paper presented at the International Conference on Eating Disorders, New York, NY.
[§]shared first authorship
11. **Roberto, C.A.**, (2014, February). Public discourse about the New York City sugary drink portion limit policy presented at the RWJF Healthy Eating Research meeting, Chapel Hill, NC.

12. **Roberto, C.A.**, (2013, November). A content analysis of public discourse about the New York City sugar-sweetened beverage portion limit policy presented at the Obesity Society annual meeting, Atlanta, GA.
13. **Roberto, C.A.**, Bragg, M.A., Musicus, A., Graham, D., Werth, P., & Elbel, B. (2013, November) Comparing Front-of-Package Food Labeling Systems. Paper presented at the annual meeting of the American Public Health Association, Boston, MA.
14. Blomquist[§], K.K., **Roberto, § C.A.**, Barnes, R.D., White, M.A., Masheb, R., Attia, E., & Grilo, C.M. (2013, August). Eating Loss of Control Scale: Validation and clinical correlates in patients with eating disorders. Paper presented at the annual meeting of the American Psychological Association, Honolulu, HI.
[§]shared first authorship
15. **Roberto, C.A.**, (2013, May). Framing sugary drink portion size limit policies. Paper presented at the Robert Wood Johnson Foundation Health & Society Scholars annual meeting, San Diego, CA.
16. *Kruger J., **Roberto, C.A.**, Brownell, K.D., & Austin, S.B. (2012, March). Weight loss advertisements on teen magazine websites. Paper presented at the annual meeting of the Society for Adolescent Health and Medicine, New Orleans, LA.
17. **Roberto, C.A.**, Bragg, M.A., Novak, N., *Seamans, M.J., Schwartz, M.B., Brownell, K.D. (2011, November). Examining consumers' understanding of front-of-package nutrition information systems. Paper presented at the annual meeting of the American Public Health Association, Washington,DC.
18. **Roberto, C.A.**, Bragg, M.A., *Livingston, K., Harris, J., *Thompson, J., *Seamans, M.J., Brownell, K.D. (2011, November). Choosing front-of-package food labeling nutrition criteria: How smart were “Smart Choices”? Paper presented at the annual meeting of the American Public Health Association, Washington, DC.
19. *Liu P.J., **Roberto, C.A.**, *Liu L.J., Brownell K.D. (2011, November). A test of different menu labeling presentations. Paper presented at the annual meeting of the American Public Health Association, Washington, DC.
20. Schvey, N.A., **Roberto, C.A.**, & White, M.A. (2011, April). Psychometric properties and clinical correlates of the weight bias internalization scale (WBIS) in an internet sample of overweight adults. Paper presented at the International Conference for Eating Disorders, Miami, FL.
21. **Roberto, C.A.**, *Larsen, P.D., *Agnew, H., *Baik, J., & Brownell, K.D. (2009, November). Evaluating the impact of menu labeling on food choices and intake. Paper presented at the annual meeting of the American Public Health Association, Philadelphia, PA.
22. Thomas, J. J., **Roberto, C. A.**, & Brownell, K. D. (2007, November). Eighty-five percent of what? A critical examination of methods for assessing expected body weight in the diagnosis of anorexia nervosa. In A. De Los Reyes (Chair), Informant discrepancies in the clinical sciences: Assessment, diagnostic, and treatment implications for adult and youth populations. Symposium presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
23. Kaplan, A., Walsh, B.T., Olmsted, M., Attia, E., Carter, J., Devlin, M., Pike, K., Woodside, B., Rockert, W., **Roberto, C.A.**, & Parides, M. (2007, May). The slippery slope: Prediction of successful weight

maintenance in anorexia nervosa. Paper presented at the annual meeting of the Academy for Eating Disorders, Baltimore, MD.

INVITED ACADEMIC TALKS

2016, Oct	Eating Disorders Research Society Annual Meeting
2016, Oct	Chronic Disease Epidemiology, School of Public Health, Yale University
2016, May	Department of Marketing, Booth School of Business, University of Chicago
2016, Mar	Nutrition and Obesity Policy and Research Evaluation Network Webinar
2015, Sep	Interdisciplinary Association for Population Health Science, National Academy of Sciences, Washington, DC
2015, Apr	New York Academy of Sciences, Nutrition and Prevention Science
2015, Apr	Media Lab, Massachusetts Institute of Technology
2015, Feb	Department of Medical Ethics & Health Policy, University of Pennsylvania
2014, Nov	Symposium on the Future of the Social Sciences in Public Health, Mailman School of Public Health, Columbia University
2014, Nov	The Obesity Society
2014, Jul	Nutrition and Obesity Policy and Research Evaluation Network Webinar
2014, Jun	Lillian Fountain Smith Conference, Colorado State University
2014, Apr	Department of Communication, Cornell University
2014, Mar	School of Public Health, University of Minnesota
2013, May	Forefronts in Portion Size Meeting, Temple University
2013, Feb	Department of Psychology, Furman University
2012, Apr	INCAP/CIPEC Comprehensive Center for the Prevention of Chronic Diseases, Guatemala City, Guatemala
2012, Jan	Department of Psychology, University of Connecticut
2011, Dec	Department of Psychology, Department of Human Ecology, Rutgers University
2011, Dec	Department of Population Health, New York University

INVITED POLICY & PRACTICE TALKS

2017, Feb	Changing Climate, Changing Appetites Conference, Princeton University
2016, Sep	Diabesity Committee, Govt of the District of Columbia Department of Health
2016, Jul	National Maternal and Infant Nutrition Intensive Course, University of Minnesota
2016, Jul	RWJF Interdisciplinary Research Leaders, University of Minnesota
2016, Jun	New York State Department of Public Health
2016, Mar	Philadelphia Department of Public Health
2015, Sep	Nutrition Resource Center Webinar, Ontario, Canada
2015, Apr	Schools of Public Health Maternal and Child Health Training Program Webinar
2015, Mar	Harvard Food Justice Conference, The Myth of Personal Responsibility Panel
2015, Jan	Worlds of Healthy Flavors Conference, Culinary Institute of America
2014, Nov	Championing Public Health Nutrition Conference, Center for Science in the Public Interest, Ottawa, Canada
2014, Oct	Behavioral Insights Conference, Harvard Kennedy School and Ideas42
2014, Oct	Club Chefs of Connecticut, Bedford Hills, NY
2014, Jun	Museum of Food and Drink Round Table, New York University
2013, Oct	National Association of Attorneys General, Wichita Kansas
2013, Oct	Yale Food Day, Yale University
2013, Mar	Putting the Label on the Table Conference, Harvard Law School

2012, Nov Health Policy Workshop for Community-based Organizations, Marlborough, MA
 2011, Nov Association of Yale Alumni Assembly, Yale University

TEACHING & MENTORING

2015 The Science and Politics of Food, Instructor
 Master of Public Health Program, University of Pennsylvania

2015 The Science and Politics of Food, Instructor
 Harvard T.H. Chan School of Public Health

2011 Ethics and Clinical Practice, Co-instructor
 Yale University

TEACHING MATERIALS

2015 Roberto, CA. (2015). Teaching note for case study: "Full of surprises.' Dietary supplements and the gym. A tale of corporate social responsibility." Strategic Training Initiative for the Prevention of Eating Disorders. Harvard T.H. Chan School of Public Health.

PROFESSIONAL AFFILIATIONS

2015- Interdisciplinary Association for Population Health
 2015- Behavioral Science & Policy Association
 2012- Society for Judgment & Decision Making
 2011- The Obesity Society
 2009- American Public Health Association
 2005- Academy for Eating Disorders

EDITORIAL SERVICE

Editorial Board:

International Journal of Behavioral Nutrition & Physical Activity

Peer Reviewer:

American Journal of Preventive Medicine

American Journal of Public Health

Appetite

Behavior Therapy

British Journal of Nutrition

CAB Reviews: Persp. in Agri., Vet. Sci., Nutr. & Nat. Res.

Comprehensive Psychiatry

Critical Public Health Reviews

Eating Behaviors

Food and Nutrition Bulletin

Food Policy

Health Affairs

Health Communication

Health Education & Behavior

The Lancet: Public Health

Nutrition, Metab., & Cardio. Diseases

Journal of Early Adolescence

Journal of Experimental Child Psychology

Journal of Marketing Research

Journal of Obesity

Journal of Public Health

Nutrition Journal

Nutrition Reviews

Obesity

Obesity Reviews

Pediatrics

Perspectives on Psychological Science

PLoS ONE

International Journal of Hospitality Management
 International Journal of Eating Disorders
 International Journal of Obesity
 Journal of the Academy of Nutrition and Dietetics
 Journal of Adolescent Health
 Journal of Children and Media
 Journal of the American Medical Association
 Journal of Consulting and Clinical Psychology
 Journal of Consumer Affairs
 The Lancet: Diabetes & Endocrinology

Preventing Chronic Disease
 Preventive Medicine
 Preventive Medicine Reports
 Psychiatry Research
 Psychological Science
 Public Health Nutrition
 Risk Analysis
 Social Psychological and Personality Science
 Social Science & Medicine

Grant Reviewer:

Aetna Foundation, National Institutes of Health, National Science Foundation, Robert Wood Johnson Foundation - Healthy Eating Research, Time-Sharing Experiments for the Social Sciences

Conference Abstracts Reviewer: American Psychological Association, The Obesity Society

CONSULTANT AND INVITED PANELS

2016 RTI and FDA - Developing an Evidence-based model for predicting the effects of health information and warning labels on consumer behavior change

2012-2014 ICF International and USDA – Developing an approach for promoting healthier food purchases by SNAP participants

SERVICE CONTRIBUTIONS

Field of Public Health

2015 Committee on the Translation of Science to Policy & Practice, Interdisciplinary Association for Population Health Science

2015 RWJF Health & Society Scholars Teaching Case Committee

University of Pennsylvania

2015 – 2016 Faculty Search Committee, Department of Medical Ethics & Health Policy

2015- Curriculum Committee, Master of Public Health Program

2015- MPH Capstone faculty panel member

SELECT MEDIA COVERAGE OF RESEARCH

Dec 2009 Paper: An observational study of consumers accessing nutrition information in chain restaurants
[NBC news](#), [Everyday Health](#), [Reuters](#), TIME Magazine

May 2009 Paper: Evaluating the impact of menu labeling on consumers' food choices and intake
[USA Today](#), [Reuters](#)

May 2010 Paper: Brain tissue volume changes following weight gain in adults with anorexia nervosa
[Los Angeles Times](#), [NBC News](#), [Live Science](#)

- Jun 2010 Paper: The influence of licensed characters on children's taste and snack preferences
[ABC News](#), [NBC News](#), [CBS News](#), [USA Today](#), [New York Times Magazine](#), TIME Magazine
- Sep 2012 Paper: Consumer understanding of different front-of-package nutrition labels
LA Times
- Oct 2013 Paper: Athlete endorsements in food marketing.
[LA Times](#), [NBC News](#), [USA Today](#), [Reuters](#), [CBS News](#), [Globe and Mail](#)
- Nov 2013 Paper: Comparing front-of-package food labeling systems
[Live Science](#), [Huffington Post](#)
- Feb 2015 Paper: Patchy progress on obesity prevention: Emerging exemplars, entrenched barriers, new thinking
[Reuters](#), [Metro News](#), [CBC](#), [Medical News Today](#), [Live Science](#), [Toronto Star](#), [Daily Mail](#), [Fox News](#), [Sky News](#), [Medical Express](#), [The Guardian](#), [Irish Examiner](#), [Diabetes Insider](#)
- Jan 2016 Paper: The influence of sugar-sweetened beverage health warning labels on parents' choices
[NY Times](#), [CNN](#), [NPR](#), [TIME](#), [Reuters](#), [US News & World Report](#)
- Jan 2017 Paper: Trends in nutrient content of foods and beverages on children's menus in large U.S. restaurant chains.
[Philly Voice](#), [Daily Mail](#), [Forbes](#), [NBC News](#), [CBS News](#)